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Need additional information? Have a question about one of your benefits? Keep this contact list handy for a quick reference for all your benefit needs. If you still have questions, contact Benefit Harbor.

Primary Contact	Hours of Operation	Website	Phone Number
Benefit Harbor	M-Th: 9:00am - 9:00pm EST Fri: 9:00am - 7:00pm EST	www.mypennonibenefits.com	888-464-7309
Plan	Administrator	Website	Phone Number
Medical Benefits	Independence Blue Cross	www.ibxpress.com	877-585-5734
MDLive	Independence Blue Cross	mdlive.com/ibx	877-764-6605
Prescription Benefits	RxBenefits	www.express-scripts.com	800-334-8134
Health Insurance Concierge	Health Advocate	HealthAdvocate.com/Pennoni	866-695-8622
Dental Benefits	Delta Dental	www.deltadental.com	800-932-0783
Vision Benefits	VSP	www.vsp.com	800-877-7195
Basic Life/AD&D Insurance	Sun Life	https://fmla.sunlife-usa.com	877-SUN-FMLA
Supplemental Life Insurance	Sun Life	https://fmla.sunlife-usa.com	877-SUN-FMLA
Supplemental AD&D Insurance	Sun Life	https://fmla.sunlife-usa.com	877-SUN-FMLA
Family Medical Leave	Sun Life / FMLA Source	https://fmla.sunlife-usa.com	877-SUN-FMLA
Short-Term Disability	Sun Life	https://fmla.sunlife-usa.com	877-SUN-FMLA
Long-Term Disability	Sun Life	https://fmla.sunlife-usa.com	877-SUN-FMLA
Accident Insurance	Sun Life	www.mysunlifebenefits.com	800-247-6875
Critical Illness and Cancer	Sun Life	www.mysunlifebenefits.com	800-247-6875
Flexible Spending Accounts	Independence Blue Cross	www.ibxpress.com	800-ASK BLUE
Employee Assistance Plan	Carebridge	www.myliferesource.com Access Code: 7J6BH	800-437-0911
401(k) Retirement Plan	PNC Advisors	www.retirementdirections.com	800-374-4631
ESOP	Pennoni	https://pennoni.esopnavigator.com	215-222-3000